

Fruit of the Loom Sizeguide

Neck (1)

Measure around the base of your neck, inserting your forefinger between the tape and your neck to allow easy in fit.

Chest/Bust (2)

Measure around the fullest part of your chest/bust, keeping tape firmly under your armpits and around your shoulder blades.

Waist (3)

Measure around your waist, slightly below your natural waist, where you normally wear your pants. Insert your forefinger between the tape and your body to allow ease in fit.

Sleeve (4)

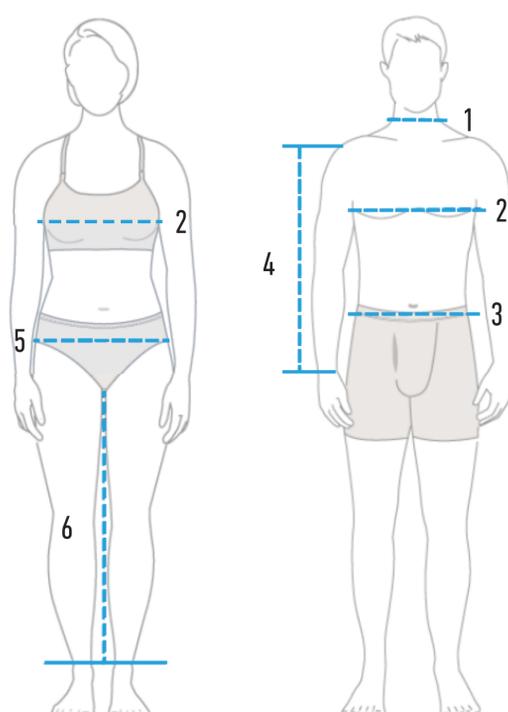
Bend your arm slightly. Measure from center back neck, across your shoulder, down to your elbow, down to your wrist.

Hip (5)

Measure around the fullest part of your hips, inserting your forefinger between the tape and your hip to allow ease in fit.

Inseam (6)

Measure similar pant that fits you well. Measure along the inseam, from the crotch seam to the bottom of the hem.



Between sizes?

If your measurements are in between those listed in the size chart, pick the next larger size.

Men

	S	M	L	XL	2XL	3XL	4XL
Neck	37-38 cm	39-40 cm	41-42 cm	43-44 cm	45-46 cm	47-48 cm	
Chest	89-94 cm	96,5-101,5 cm	104-109 cm	112-117 cm	119,5-124,5 cm	127-132 cm	134,5-139,5 cm
Sleeve	83-84 cm	85-86 cm	88-89 cm	90-91 cm	93-94 cm	95-97 cm	98-99 cm
Waist	81 cm	86 cm	91,5 cm	96,5 cm	101,5 cm		
Shoe Size	35-38	39-42	43-46				

Women

	XS	S	M	L	XL	2XL	3XL	4XL
Chest/Bust	83-85 cm	86-89 cm	91-94 cm	97-102 cm	104-112 cm	114-117 cm		
Waist	65-67 cm	70-72 cm	75-77 cm	81-85 cm	90-95 cm	100-105 cm	110-116 cm	
Hip		86-89 cm	91-94 cm	97-99 cm	102-104 cm	107-109 cm	112-114 cm	117-119 cm
Pant Size	32-34	34-36	38-40	28-30	28-30	28-30	28-30	
Shoe Size	35-38	39-42	43-46					

Kids

	1-2	2-3	3-4	5-6	7-8	9-11	12-13	14-15
Height	92 cm	98 cm	104 cm	116 cm	128 cm	140 cm	152 cm	164 cm